

SAYiT Training

SAYiT have developed five core training programmes, aimed at all businesses and service providers who want to ensure their environment is LGBTQ+ inclusive. Our aim is to assist everyone in how to become familiar with LGBTQ+ language and terminology, be more confident in understanding how LGBTQ+ people experience the world, and how to identify further support.

LGBTQ+ Awareness (CPD accredited)

Trans Awareness (CPD accredited)

LGBTQ+ History

LGBTQ+ Sexual Health

LGBTQ+ Allyship

Our training is interactive, and provides space to ask questions. Training can be delivered online or in person. All training materials are provided by SAYiT.

All sessions are 1/2 a day and suitable for up to 20 attendees.

Bespoke Training

We can also create bespoke training packages, specific to your needs. Just let us know what your needs are, and what your ideal outcomes would be.

Recent sessions we have delivered have been LGBTQ+ & Neurodiversity, Addressing LGBTQ+ Hate Crime, LGBTQ+ Policy & Legislation, LGBTQ+ Safeguarding, LGBTQ+ Domestic Abuse and LGBTQ+ & SEND.

All our training programmes can be delivered face-to-face or online.

LGBTQ+ Awareness

Our LGBTQ+ Awareness training covers everything from the difference between sexuality, sex and gender, right through to the language and terminology used by the LGBTQ+ community, and the current UK laws that protect us.

Learning outcomes from this course include:

- A clear understanding of the difference between sex and gender.
- How to promote inclusion, and become an ally.
- Understanding the impact of LGBTQ+ phobia and discrimination.
- A familiarity with key terms, language and LGBTQ+ identities.
- Knowledge of the laws that protect LGBTQ+ people.
- How to identify support, and signposting.

Our LGBTQ+ Awareness Training also runs as a monthly online course, bookable via Eventbrite: <https://www.eventbrite.co.uk/o/-sayit-14927037925>

Trans Awareness

This programme is aimed at everyone who wants to know more about trans and non-binary identities, and how to make your workplace and/or services more inclusive. We look at language and terminology, and help everyone to become confident in using the correct pronouns and non-gendered language.

The learning outcomes from this course include:

- Understanding trans and non-binary identities.
- Knowledge of historic trans figures, and their impact on British society.
- Seeing how trans and non-binary identities are embedded in societies all over the world.
- Familiarity with key terms and language used by trans and non-binary people.
- Consider the impact of trans and non-binary phobia and discrimination.
- How to promote inclusion, and become an ally.

LGBTQ+ History

Our LGBTQ+ History training looks at how our rights in the UK were fought for, and the impact the UK has had on LGBTQ+ rights across the world. We cover historic LGBTQ+ figures, and how the LGBTQ+ community has enriched British society in every aspect of our lives.

The learning outcomes from this course include:

- Knowledge of historic gay, bi, lesbian and trans figures, and their impact on British society.
- Understanding how trans identities are embedded in societies all over the world.
- How LGBTQ+ people have fought for rights, in the UK and abroad.
- The laws that currently exist to protect LGBTQ+ people, and their effectiveness.
- How the British Empire affected LGBTQ+ rights in colonised nations, and the real impact of this.

LGBTQ+ Sexual Health

A sexual health programme aimed at helping those who work with young LGBTQ+ people. How to approach various aspects of sexual health, including avoidance and control of STIs, and recognising what a healthy LGBTQ+ relationship looks like.

The learning outcomes from this course include:

- Understanding how to control STIs for gay, bi, lesbian and trans people.
- How to use barriers, such as condoms and dental dams, effectively.
- Becoming comfortable in discussing sex with young LGBTQ+ people.
- What a healthy LGBTQ+ relationship looks like.
- Identify support and signposting.

LGBTQ+ Allyship

We developed this course for Pride 2023 to help you be the best allies you can be – because everyone can be an ally! This course is ideal as a follow up to our other courses or those with a good awareness of the issues affecting the LGBTQ+ community.

In the last few years, the LGBTQ+ community have seen horrendous rises in hate crime based on sexuality and gender identity. In 2023, the United Nations Independent Expert on Sexual Orientation and Gender Identity, Victor Madrigal-Borloz, highlighted the concerns of LGBTQ+ people in the UK saying that “a rampant surge in hate crimes has been attributed to the toxic nature of public debate surrounding sexual orientation and gender identity”.

The learning outcomes from this course include:

- Understanding what allyship means and what makes a good ally.
- Intervention techniques and how to assess risk.
- Ways to avoid performative allyship.
- Best practice for corporate allyship.
- Understanding how intersectionality impacts marginalised groups.
- How to stand up for others and when to stand back.
- How to combat unconscious bias.

Why chose SAYiT Training?

SAYiT is the largest LGBTQ+ organisation in the South Yorkshire region and has been established since 1999. We have the unique perspective of working directly with thousands of LGBTQ+ youth, this helps us stay specialist, current and informs the content of our training sessions.

We are members of multiple national, regional and local networks, so our material is constantly being refreshed and kept up to date. We work with statutory services as well as grass roots organisations to ensure support is available for all communities.

We are always growing, developing and expanding our training offer and content.